

#### **Event Overview**

In today's evolving work landscape, organizations face challenges related to workforce diversity, talent shortage, and the need for innovative thinking. Embracing neurodivergent professionals could offer a solution to these issues. By integrating neurodivergent workers, companies can tap into unique perspectives and problem-solving approaches, providing a competitive advantage.

Despite growing emphasis on diversity, equity, and inclusion (DE&I) initiatives, the neurodivergent group remains overlooked in hiring practices. Consequently, these individuals experience higher rates of unemployment and underemployment. In the US, approximately 85% of people on the autism spectrum are unemployed, compared to only 4.2% of the general population.

### **Learning Outcomes**

- Debunking myths: Understanding Neurodivergence
- Creating a safe and inclusive workplace for neurodivergent team members
- Learn the different types of neurodivergence
- Managing disclosure and understanding accommodations
  - Leading and managing mixed neurotype teams
- Improving communication strategies and using strengths-based language

# Why Attend

- Learn how you can create a workplace in which neurodivergent staff can thrive
- Understand how you can change your management processes and systems to promote greater productivity
- Improve your communication to drive greater well-being of your neuro-divergent staff
- Begin the journey of creating greater accessibility for neurodivergent staff

## Who should Attend

Directors, Managers, Leads, Officers:

- Organizational Development, Recruitment
- Inclusion and Diversity, Employee Experience
- Capability Development, HR Business Partners

## **Meet Your Facilitators**



DR MARY DOHERTY

Dr Mary Doherty is an autistic consultant anesthesiologist with over 25 years' experience in the Irish Public Health Service. She is founder of "Autistic Doctors International" and "Autistic Med Students" which are dedicated to peer support, advocacy, research, and education. She delivers evidence-based autism and neurodiversity training for medical and professional sectors, and offers a consultancy service in the area of autism research.

Alongside clinical and training roles, she is active in research and widely published on autism and neurodiversity. Her research interests include the healthcare experiences of autistic adults, interventions to improve health outcomes for autistic people and the issues faced by autistic doctors and medical students. She is Honorary Clinical Research Fellow at Brighton & Sussex Medical School, and a PhD candidate at London South Bank University where her work explores the experiences and perspectives of autistic psychiatrists. She is also the mother of two neurodivergent young people.

## **Preparation**

This workshop is highly interactive with group activities and discussions throughout. Come prepared with some current challenges you are facing in your organization.

To participate you'll need:

- · A computer with camera and microphone
- Strong internet connection
- Quiet, well-lit space

## Registration

Extra Early Bird	Early Bird	Standard Price
Register by September 1, 2023	Register by October 6, 2023	
\$595 USD	\$750 USD	\$895 USD



Additional discounts are available for group registrations of 10 or more.

For group discount inquiries, payment inquiries or custom training solutions please contact <a href="mailto:register@publicsectornetwork.co">register@publicsectornetwork.co</a>



# Module 1 - Understanding Neurodivergence

# 9:00am PSN Welcome & Introductions Training Overview, Objectives and Outcomes Ice-breaker and Meet and Greet

#### 9:15am What is Neurodiversity and Neurodivergence

- Understanding Terminology
- Using Inclusive language
- The benefits of Neurodiversity in the workplace

#### 10:30am Break

#### 10:40am Understanding Neurodivergent Conditions

- Exploring Neurodivergent Conditions
- Understanding Autism
- Understanding other neurodivergent conditions i.e. ADHD/VAST

#### Module 2 - Neurodiversity and Autism in the Workplace

10:50am	Communication and Inclusive Language
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- Enabling inclusion
- The role of leadership and management
- Engagement and Communication

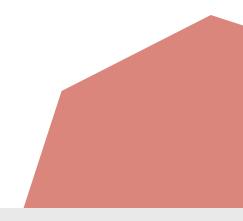
#### 11:30am Break

#### 11:40am Disclosure and Knowing the Individual

- Masking
- Trust
- Productivity

#### 12:15pm Reflections and Next Steps

#### **12:30pm End of Day 1**



#### **Module 3 - Modifications and Adjustments**

9:00am	Welcome and Recap		
9:15am	Modifications and adjustments		
	<ul> <li>Recognize and discuss the individuality of neurodivergence employees needs and success factors across the employee life cycle</li> </ul>		
10:00am	Break		
10:10am	Modifications and adjustments		
	<ul> <li>Recognize and discuss the individuality of neurodivergence employees needs and success factors across the employee life cycle</li> </ul>		
	Case studies exploring different stages and scenarios		
11:00am	Break		

#### Module 4 - Workshop: Developing and Action Plane

#### 11:10am Workshop: Create and Action Plan to Enable Greater Neuro-Inclusion at Work

- Developing a neuroinclusive and safe workplace
- Setting up an action plan and milestones
- Commitments and next steps

#### 12:15pm Reflections, Feedback and Next Steps

#### 12:30pm Closing Remarks from Trainer and End of Training